

CHAPTER 9-QUIZ
Two-Rescuer CPR

Circle the letter of the best answer.

1. All of the following are advantages of two-rescuer CPR EXCEPT:
 - a. it allows longer interruptions between chest compressions.
 - b. more oxygen is provided to the patient.
 - c. the compression rate allows for better filling of the heart.
 - d. rescuer fatigue is reduced.

2. When performing two-rescuer CPR, AHA Guidelines 2000 recommends a ratio of compressions to ventilations of:
 - a. 1 to 5.
 - b. 2 to 15.
 - c. 5 to 1.
 - d. 15 to 2.

3. When performing two-rescuer CPR, the rate of compressions is _____ per minute.
 - a. 60
 - b. 100
 - c. 120
 - d. 130

4. In two-rescuer CPR, how often should the ventilator check for the return of spontaneous breathing?
 - a. after the first minute and every minute thereafter
 - b. after the first minute and every few minutes thereafter
 - c. after the first 30 seconds and every 2 minutes thereafter
 - d. after the first 2 minutes and every minute thereafter

5. In two-rescuer CPR, the interruption to check for spontaneous breathing and pulse should last no longer than:
 - a. 3 seconds
 - b. 5 seconds
 - c. 10 seconds
 - d. 15 seconds

CHAPTER 9-IN THE FIELD

Review the following real-life situation. Then answer the questions that follow. You are performing CPR on the patient discussed in the "In the Field" exercise from Chapter 8. After a few minutes, an usher who works for the movie theater runs up and offers to help, saying that he knows how to perform CPR.

1. What should the usher do first?
2. What should be his next step? List, in order, the steps he should take at this time.
3. Once the usher begins performing compressions, what should you do to be sure he is performing them adequately?
4. If the usher is not performing compressions adequately, what should you do?

CHAPTER 9-REVIEW

Write the word or words that best complete each sentence in the space provided.

1. During two-rescuer CPR, _____ compressions are delivered every 3 to 4 seconds at a rate of _____ to _____ compressions a minute.
2. According to AHA Guidelines 2000, when doing two-rescuer CPR, with the pause for ventilations, you will actually deliver at least _____ compressions a minute. One ventilation is delivered after every _____ compressions to provide a rate of _____ breaths a minute.
3. During two-rescuer CPR, the ventilator will check periodically for return of spontaneous _____ and _____ .
4. AHA Guidelines 2000 recommends that when changing positions, at the end of the fifteenth compression, the _____ will provide two _____ , then the rescuers will quickly change positions.
5. While two-rescuer CPR is being performed, the _____ will check for spontaneous breathing and pulse every few minutes. This interruption should last for no more than _____ seconds.